

## **Orlagh Pawlyk**

Senior Account Executive

Cigna

With over 13 years of dynamic experience in employee benefits, Orlagh Pawlyk brings a wealth of expertise and a passion for improving healthcare outcomes to the table. She is committed to driving positive change in the realm of healthcare.

As a Senior Account Executive at Cigna, Orlagh has honed a comprehensive understanding of the intricate landscape of employee benefits. Through strategic planning and innovative solutions, she has consistently delivered tailored benefits packages that optimize employee well-being while maximizing organizational objectives.

Prior to her tenure as an Account Executive, Orlagh served as a Health Promotion Manager for the Department of Defense. In this role, she spearheaded initiatives aimed at enhancing the health and wellness of military personnel and their families. Her leadership was instrumental in implementing programs that fostered healthier lifestyles, promoted preventive care, and addressed specific health concerns within the military community.

Orlagh currently lives in Windham, NH with her husband, three children and her pitbull Almond. She is also a founding board member of Bullied Breeds Rescue where she is committed to rescuing, rehabilitating and advocating for dogs who are often discriminated against based on their breed alone.

Orlagh received her MS in Health Promotion from the University of Delaware and her BS in Kinesiology from the University of Massachusetts-Amherst.