



John F. Rodis, M.D., M.B.A., FACHE

Founder and President, Arista Health, LLC

John F. Rodis, MD, MBA, is the founder and president of Arista Health, LLC, a healthcare consulting company whose mission is to drive quality, safety and patient experience and reduce risk in hospitals and health systems. He served as president of Saint Francis Hospital from 2015-2020, the eighth leader of Saint Francis and the first physician to serve as president since its founding in 1897. Dr. Rodis previously served as Saint Francis' Executive Vice President and Chief Operating Officer, Chief Physician Executive. Prior to his executive leadership roles, Dr. Rodis served as Chairman of the Department of Obstetrics and Gynecology and Physician Leader of the Women and Infants Service Line, a position he assumed in 2011.

Under Dr. Rodis' leadership, Saint Francis, a 617-bed major teaching hospital, the largest Catholic hospital in New England, earned its Level 1 Trauma Designation, opened its Smilow Cancer Hospital at Saint Francis and the Karl J. Krapek Comprehensive Women's Health Center. During his tenure as president, the hospital garnered numerous awards and recognition including the 2018 and 2019 Women's Choice Award® as one of America's 100 Best Hospitals for Patient Experience, was named as one of the nation's 100 Top Hospitals by IBM Watson Health™ and one of the World's 1000 Best Hospitals by Newsweek. Moreover, the hospital recently attained its fifth consecutive "A" for Patient Safety from the Leapfrog Group.

Before joining Saint Francis, Dr. Rodis served as Senior Vice President for Medical Affairs and Chief Medical Officer at Stamford Hospital, where he also previously held the position of Chairman of the Department of Obstetrics and Gynecology. Prior to that, he was at the University of Connecticut Health Center, where he was the Obstetrics and Gynecology Residency Program Director, a member of the Division of Maternal-Fetal Medicine and Director of Perinatal Genetics.

Dr. Rodis received his medical degree from the Autonomous University of Guadalajara, Guadalajara, Mexico. He completed his residency in obstetrics and gynecology at St. Joseph's Hospital and Medical Center, Paterson, NJ. He completed fellowships in Maternal-Fetal Medicine and Clinical Genetics at the University of Connecticut Health Center. He also received his Master of Business Administration from Rensselaer Polytechnic Institute. He holds the rank of Professor of Obstetrics and Gynecology at both the University of Connecticut School of Medicine as well as the Frank H. Netter MD School of Medicine at Quinnipiac University. He has attained a Black Belt in Lean Daily Management.

Dr. Rodis is Board certified in Obstetrics and Gynecology and Maternal-Fetal Medicine. He is a Fellow of the American College of Obstetrics and Gynecology, and a member of the Society for Maternal-Fetal Medicine and is a Fellow of the American College of Healthcare Executives. He is the author or co-author of over 100 papers published in peer-reviewed professional journals. He served as an oral examiner for the American Board of Obstetrics and Gynecology (ABOG) for 19 years. He served as Chairman of the Connecticut Hospital Association's Quality Committee and was a member of its Executive Committee and Board of Directors. He currently serves on the Board of Trustees of the University of Saint Joseph. He was awarded the 2020 Regent's Senior Careerist Award by the Connecticut Association of Healthcare Executives. In 2021, he became a member of Healthgrades Quality Advisory Board.